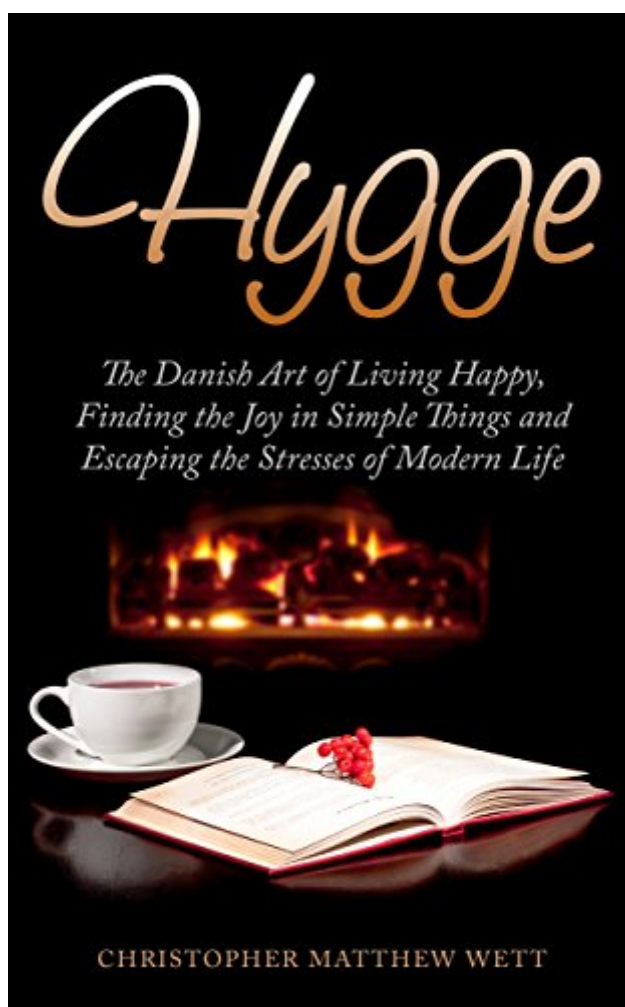


The book was found

# Hygge: The Danish Art Of Living Happy, Finding The Joy In Simple Things And Escaping The Stresses Of Modern Life (Hygge, Happiness, Finding Joy, Escaping Stress)





## Synopsis

The Happiest People on Earth! In the past few years, Nordic countries have taken the world by storm in the pursuit of happiness. Could the Danes have the secret to happiness? If you're fortunate enough to have visited a Scandinavian country, maybe you know what this is all about. But if you haven't, try puckering your lips and aim for a sound somewhere between "hygge" and "huguh". Kind of like the feeling you get when you're sitting on a sofa, reading a good book, and drinking a warm beverage. The good news is, it's not as complicated as it sounds. Hygge is a Danish word that loosely translates to the English word "coziness", but it's more than just a feeling. It's a lifestyle, a way of life that emphasizes comfort, relaxation, and connection with loved ones. Danes embrace this lifestyle every day, and it's one of the reasons why they are considered the happiest people on Earth. So, what is hygge? It's the art of embracing life's simple pleasures, like a warm blanket, a good cup of coffee, or a quiet evening with family. It's about creating a cozy atmosphere and enjoying the moment. Hygge is not just a Danish concept; it's a universal one that can be practiced by anyone, anywhere. So, why not try it? You might just find the secret to happiness.

## Book Information

File Size: 1288 KB

Print Length: 45 pages

Simultaneous Device Usage: Unlimited

Publisher: ATKPublishing (June 12, 2017)

Publication Date: June 12, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B071K8MXMC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #458,915 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #26

in Kindle Store > Kindle eBooks > Nonfiction > Travel > Europe > Denmark #64 in Books >

Travel > Europe > Denmark > General #325 in Kindle Store > Kindle Short Reads > 90

minutes (44-64 pages) > Travel

[Download to continue reading...](#)

Hygge: The Danish Art of Living Happy, Finding the Joy in Simple Things and Escaping the Stresses of Modern Life (Hygge, Happiness, Finding Joy, Escaping Stress) Hygge: The Danish Art of Escaping the Hustle & Bustle of Modern Life and Finding Happiness in Simple Pleasures Hygge: 30 Days to Happy Living, From The Danish Art of Happiness and Living Well Hygge: The Complete Book of Hygge: A Real Dane's Explanation of How to Live the Simple and Amazing Hygge Lifestyle, and Find Happiness Hygge: Introduction to The Danish Art of Cozy Living (Hygge Series Book 1) Hygge: Introduction to The Danish Art of Cozy Living (Hygge Series) (Volume 1) The Cozy Life: Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge Hygge: The Danish Secrets of Happiness: How to be Happy and Healthy in Your Daily Life. Hygge: Discovering The Danish Art Of Happiness How To Live Cozily And Enjoy Life's Simple Pleasures Hygge: 25 Secrets From The Danish Art of Happiness, Getting Cozy And Living Well Hygge: Eine Däne's Erklärung, wie man die einfache und erstaunliche hygge Lebensstil zu leben, und finden Sie Glück (Hygge Guide - German Edition) The Little Book of Hygge: Danish Secrets to Happy Living Hygge: The Danish Art of Happiness Hygge: Find Happiness The Nordic

Way (Without Breaking The Bank) (Hygge Life Book 3) Hygge: Find Happiness and Escape the Stress of Modern Life Hygge: A Danish Concept of Cosy and Simple Living Hygge: The Complete Guide to Embracing the Danish Concept of Cosy and Simple Living Hygge: Introduction to the Danish Art of Cozy Living Hygge: The Danish Art of Living Well Åçâ –â œ Secrets From the WorldÅçâ –â,çs Happiest People Meditations for Overcoming Life's Stresses and Strains (Prescriptions for Living Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)